

Economic community resilience

“A better way...”

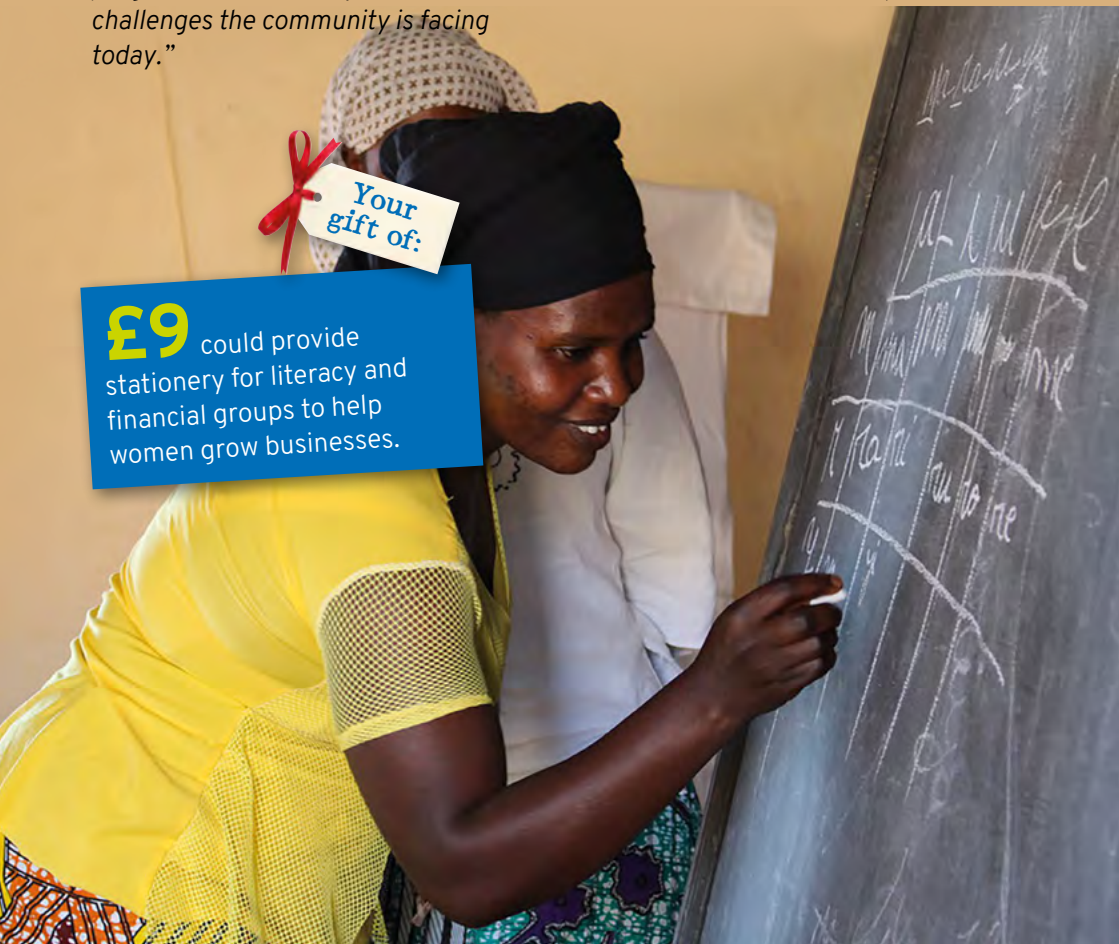
In Burundi members are nurturing their skills through Mothers' Union's workshops. By learning about finance and business management they can identify how resources available to them can be used to generate an income, supporting themselves, their families, and their communities in the process.

This Mothering Sunday, you can enable more women to achieve financial independence.

“Our community has many people who didn't go to school. The financial education program is a better way that can make them more resilient to the multiple challenges the community is facing today.”

Your
gift of:

£9 could provide stationery for literacy and financial groups to help women grow businesses.





Your gift of:

£18

could give members in Trinidad and Tobago the resources they need to continue their work at homework centres and provide invaluable support to families.

Invaluable support for families

Five homework centres organised and managed by Mothers' Union volunteer teachers in the Diocese of Trinidad and Tobago are proving invaluable to children and their parents.

This Mothering Sunday your gift can help homework centres in Trinidad and Tobago that provide services free of charge to children who need them the most.

The centres, based in primary schools across the country, have been running for just over eight years, aiming to ensure that children do not slip through gaps in the education system. Volunteers, some of whom are retired teachers, assist students identified as needing additional support. Improvements in the performance and attitude of the students who have attended the centres has been recognised by volunteers, parents and teachers.



Give the gift of resilience this Mothering Sunday

Literacy learning circles

"Because of this group I can see"

Mothers' Union in Sudan holds a workshop to create skilled literacy trainers for a project designed to benefit five dioceses. By receiving training in participatory learning methods, representatives from each diocese have been able to return to their communities and provide their own literacy workshops. The knowledge your gift can give is key to empowering women and girls to unlock their full potential.

This Mothering Sunday, make your gift one which empowers more people to read.

"My name is Nawal and I'm from Wad Medani Diocese. Before I attended the literacy circle I couldn't read or write. Now I can write some Arabic. The lessons I learned from the Bible studies were very helpful. I was blind like blind Bartimaeus but now because of this group I can see. I can read and write. I hope to continue like this so I can read my Bible every day. Please continue to pray for us. God bless you."



Your gift of:

£25

could help train a coordinator to support literacy learning circles in Sudan.



Your gift of:

£42 could help members reach and empower more women in the DRC.

Choosing brighter futures

“I am proud of myself”

Despite poverty, conflict and abuse, women in the Democratic Republic of Congo are ambitious and look to improve their livelihoods. Mothers' Union is supporting them through skills training to grow businesses, while building confidence to speak out and take on leadership roles in their communities. In community-led workshops, participants learn ways to generate an income through agricultural enterprises, alleviating themselves from poverty and empowering them to shape their futures.

This Mothering Sunday, you can support a woman to lift herself out of poverty.

“Because of the new literacy and agricultural knowledge I have gained, I'm able to plant crops and train other women in my area on how they use good techniques for their agriculture. I also encourage them to use the resources surrounding them. I am proud of myself, I'm growing vegetables which I can sell to help me save for the future. I have the chance of being among people in literacy circle (sic) by the grace of God.”

Tackling gender-based violence

“Now we have peace”

Mothers' Union in Uganda are responding to the growing threat of gender-based violence in their communities. By creating safe spaces where survivors of abuse can come forward and speak openly about their traumas, the essential healing process can begin through our presence. It is from within members' deep-rooted community presence that they can advocate against harmful practices which enable and perpetuate violence against women and girls to a better future.

This Mothering Sunday, you can help more women and girls live in safety and respect.

“It used to be that every time my husband and I had to pay school fees we would fear, and that fear would turn into arguments. Now we have peace, we know that we will manage because we both can contribute something. We are free now.”



Your gift of:

£60 could provide training for specialists to reach survivors of abuse in hard-to-reach communities.



With love on Mothering Sunday

Give the gift of resilience this Mothering Sunday

Mothers' UNION
Christian care for families



Your gift of:

£100 could give members in the UK and Ireland the resources and support they need to provide AFIA opportunities for people like Layla and Zahra.

A greater love

Layla and her 17-year-old daughter, Zahra, left Iran via Turkey and flew to London to claim asylum in the UK. Despite Ali, Layla's husband, having a good business and Zahra attending private schooling, speaking several languages and doing lots of sports, as Christians in Iran they were persecuted for their faith. Layla had been arrested, imprisoned and questioned and was at risk of being executed for attending secret house churches and practising her faith.

Since arriving in the UK, Layla and Zahra attended the Away From It All (AFIA) pilgrimage trip to Holy Island organised by Mothers' Union in the Diocese of Newcastle, which they both greatly enjoyed. They now enjoy the freedom to make their own choices and practise their faith by attending church. In Iran where Zahra was under a lot of pressure, now she is relaxed and at peace. Ali hopes that one day he can join his wife and daughter here in the UK.



Give the gift of resilience this Mothering Sunday



Gifts of Resilience

Order yours today

The quickest and easiest way to order your gift is at www.makeamothersday.org

Each gift in this catalogue is a celebratory way for you to empower women to come together and give those in need strength, confidence, and the chance to fulfil their potential.

Three simple stages:

1st 

Select your gift from inside these pages. You can buy multiples of the same gift or buy different gifts. Each gift can be purchased in memory of a loved one.

2nd 

Complete the form, enclose your payment and send using the Freepost envelope attached. You can add Gift Aid if you're a UK taxpayer by ticking the box, which will make your gift worth 25% more at no cost to you.

3rd 

We will send you a Mothering Sunday greetings card for you to keep or send to your loved one.

You can also order your gift online by visiting www.makeamothersday.org or by calling us on **020 7222 5533**

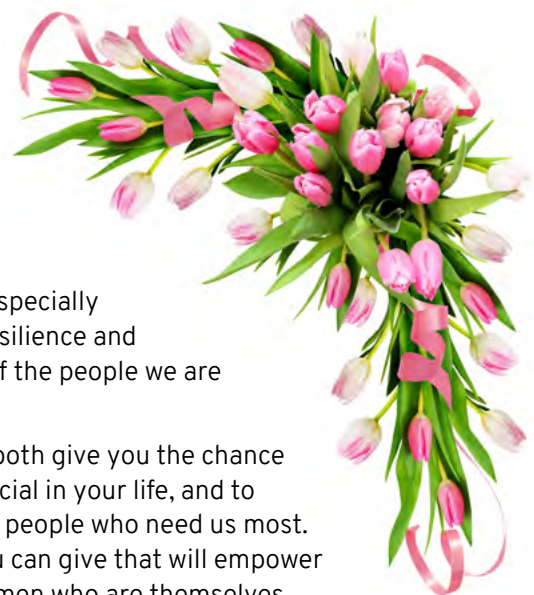
Mothering Sunday
27th March 2022

“We pray God for sure to send us rain so that what we plant grows well. We do not dream of getting rich and of having a lot of money. We just want to overcome this famine and have food to eat every day.”

– Dophine



Give the gift of resilience this Mothering Sunday



Dear friends,

For the past two years, we've been especially aware how important community, resilience and prayer are in our lives and in those of the people we are most connected with.

Our ethical Mothering Sunday gifts both give you the chance to celebrate those who are most special in your life, and to make a difference by supporting the people who need us most. Our **Gifts of Resilience** are gifts you can give that will empower women around the world – often women who are themselves responsible for their own families and children.

From those in our own communities, such as a mother and daughter trying to practise their Christian faith without persecution, to families far away in Sudan or Burundi, who need our support to access literacy, education and financial advice – your gifts will give much needed strength and hope.

If you'd like to give a gift in memory or dedicate a gift, you can do this on the order form enclosed. Simply choose your gifts, fill in the form and send it back in the enclosed reply envelope. Whatever you can give will make a difference.

Thank you and God's blessings for Mothering Sunday 2022.

Sheran Harper

Worldwide President, Mothers' Union



Give the gift of resilience this Mothering Sunday



A reflective prayer for Mothering Sunday

As you join with others across the country in this prayer, take a moment after every section to bring your own response to God and to remember those you know for whom it is particularly relevant.

In every family there are seasons of joys and challenges:

Seasons of laughter and seasons of sadness.

Times of unexpected joy and times of unwanted trauma.

Circumstances to cherish and circumstances to overcome.

Seasons of harmony and seasons of discord.

Times of resilience and times of weakness.

Moments to look forward with hope and moments to look back with thanksgiving.

God in every circumstance and season we bring you our worship and praise. Amen



To help Mothers' Union keep costs to a minimum I do **not** require an acknowledgement or greetings card for this donation.

Staying in contact

Gaming - If you tick this you **WILL NOT** receive any raffles, lotteries or free prize draws.

Reg Charity no 240531

Campaigns and Resources - Tick to **NOT** receive mail that contains membership resources, campaign materials or appeals. This includes Connected and the Prayer Diary.

Tick this box to opt out of all mail apart from essential (membership renewal). Ticking this box automatically opts you out of the other 2 options in this section.

If your gift is in memory, we can also write your loved one's name in our remembrance book displayed in the Mothers' Union chapel.
 Yes please. My loved one's name is: _____

Signature: _____ Date: __/__/__
Title: __ Initial: __ Surname: _____

Title, first name and surname (block capitals): _____
Address: _____
Town: _____ County: _____
Postcode: _____ Tel: _____

Yes, I want to Gift Aid any donations made to Mothers' Union now, in the future and in the past four years until I notify you otherwise.

Tick this box to make every £1 of your gift worth 25p more for FREE.

giftaid it

Yes, I want to give a gift of resilience

Please select your gifts, fill in your payment details overleaf and complete the details below.

PLEASE FOLD ALONG THE DOTTED LINE AND SEAL

Make a Mother's Day 2022

Freepost RTGU-SBBL-LXSX
 Mothers' Union
 Mary Summer House
 24 Tufton Street
 London
 SW1P 3RB



Mothers' UNION
 Christian care for families

Yes, I want to give a gift of resilience

Gift	Cost	How many gifts?	How many cards?	How many are in memory?	Total £
Economic community resilience	£9				
Invaluable support for families	£18				
Literacy learning circles	£25				
Choosing brighter futures	£42				
Tackling gender-based violence	£60				
A greater love	£100				
					Total £

I enclose a cheque made payable to **Mothers' Union**

Or please debit my (please tick): Visa/Visa Debit Mastercard

Card Number

CVC number (3 digits on the reverse of your card):

We do not retain your security code once your donation has been processed.

Expiry Date: /

Signature: _____ Date: _____

If sending a cheque please seal this form securely or place inside an envelope and use the freepost address:

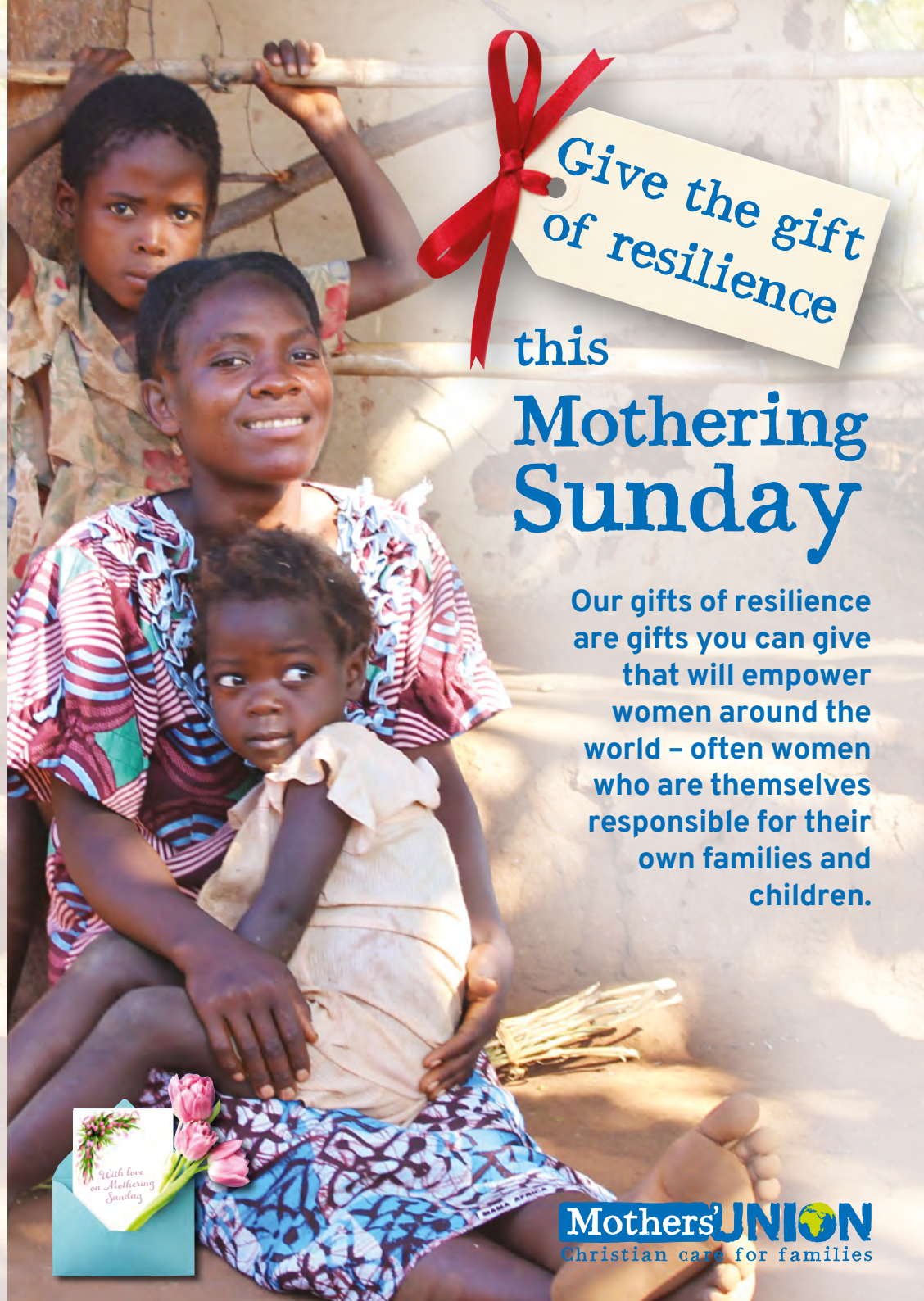
Freepost RTGU-SBBL-LXSX
Mothers' Union, Mary Summer House
24 Tufton Street
London SW1P 3RB

Thank you for your order



this Mothering Sunday

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cutter guide

The image features a white background with a decorative graphic. A vertical dashed line runs down the center. To the right of this line, there is a solid vertical bar. Further to the right, there are two horizontal bars, one at the top and one at the bottom, both in a dark red color.